

What are some things that you would like in your life, or like to change about your life, by January next year?

E.g. in your leisure/hobbies, your friendships, your romantic life, your family life, your home, your work, your physical health, your psychological health, your knowledge, your dreams.



Describe yourself in July 2015. What has changed about you?



1.) Choose the things that you really want, from the "Imagine" page. 2.) Write these in the "2015" column.  
3.) Then, look at the other columns, and fill in the blanks. What could happen to get you where you want to be?

1 Week (13 July)

1 Month (August)

4 Months (November)

2015


### 1. Say it out loud

If you are okay with it, share two of your “2015” items with the group, and what you need to do in “1 Month” to get you there.

### 2. Let us know how you’re going on Facebook

<https://www.facebook.com/groups/girlsclubxo>

P.s. If there’s time...

Are there any parts in your plan that you’re not sure about? You don’t know how to get there, or you don’t know if it’s right for you? Share these, if possible.

### Upcoming Events

August	About Introverts
September	Resilience
October*	My Personality
November*	Thank You Notes
Dec-Feb	[Closed]

\*We need guest event leaders to help us with these months, so if you can help out, please let us know!